

Kristian Thorborg, PhD, Prof., Specialist Physiotherapist

Dr. Kristian Thorborg is a Danish specialist physiotherapist and Clinical Professor in musculoskeletal rehabilitation at the University of Copenhagen and Copenhagen University Hospital, Amager-Hvidovre.

He is a senior researcher at the Sports Orthopedic Research Center – Copenhagen (SORC-C), where his research focuses on sports and orthopedic injury prevention and treatment, with particular emphasis on hip, knee, foot and ankle injuries. His work provides important knowledge relevant to the understanding and management of lower-limb conditions. He has authored several hundred scientific publications and contributed to international clinical guidelines within sports and musculoskeletal rehabilitation.

Dr. Thorborg is a former President of the International Federation of Sports Physical Therapy (IFSPT) and an experienced educator and international speaker. In addition to his academic work, he remains active in clinical practice and collaborates with multidisciplinary teams to support evidence-based rehabilitation and improved patient outcomes.