

## Bharti Rajput

**Dr Bharti Rajput MBE PhD (Dr B)** is an award-winning podiatrist, healthcare entrepreneur, and thought leader based in Scotland, UK. Born in Kenya and of Indian heritage, she developed a passion for foot health early, inspired by family experiences with diabetic foot disease, and later shaped by her own journey with verrucae as a teenager in the UK.

She holds a BSc (Hons) in Podiatric Medicine from the London Foot Hospital and a PhD in Biomechanics and Human Movement Analysis from the University of Dundee.

Dr. B established her multi-award-winning flagship clinic in Dundee, Scotland, in 2011, now known as The Foot Expert Clinic. It offers an innovative **tiered** care model that unites podiatry assistants, foot health practitioners, and podiatrists into a cohesive foot healthcare team. Services include essential general foot care as well as specialised cosmetic and treatment-focused solutions for verrucae, fungal and ingrown nails, alongside advanced musculoskeletal and longevity care. Within the clinic, she and her team adopt a clinical, evidence-based approach to treatment, supported by innovative, cutting-edge technology.

Blending Western medicine with Eastern philosophy, she champions holistic, preventative podiatry and believes foot health should be as routine as visiting a doctor or dentist. She is a regular speaker, author, and contributor to the British media on all matters related to feet.

In recognition of her exceptional service to community podiatry, Dr B was awarded an MBE by Her Late Majesty Queen Elizabeth II in 2018. In 2025, she also founded the **Step into Happiness Foundation**, making a positive impact in India and Scotland by providing socks, footwear, and food to those in need. In 2026, her second clinic site is launching near the historic golf town of St Andrews. Her mission is simple: *step into happiness with every step*.